# The Fort Huachuca Scout.

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## Fort Junior Girl Scout earns highest award O'Rahilly decided to help the O'Rahilly would like to thank all of O'Rahilly decided to help the O'Rahilly would like to thank all of O'Rahilly decided to help the O'Rahilly would like to thank all of O'Rahilly decided to help the O'Rahilly would like to thank all of O'Rahilly decided to help the O'Rahilly would like to thank all of O'Rahilly decided to help the O'Rahilly would like to thank all of O'Rahilly decided to help the O'Rahilly would like to thank all of O'Rahilly decided to help the O'Ra

Christmas came early this year for the Huachuca City animal shelter when ten-year-old Junior Scout Kaitlyn O'Rahilly delivered blankets, towels, sheets, and cat litter.

O'Rahilly is a member of the Girl Scout Junior Troop 559.

The Bronze Award is the highest award a Junior Girl Scout can earn; few achieve the award. The girls have requisites, to build skills and prepare them for the fourth requirement- the Bronze Award project. They have to think of a qualifying project that promise to helps others, improves their community and world, and become the best they can be.

Each project requires a minimum of fifteen hours of work directly related to the project, and the completion of a Progress Booklet.

animal shelter prepare for the winter and collect old blankets, towels, and sheets. After visiting with the shelter, she realized that they needed cat litter too. She made flyers, phone calls, and created donation boxes to collect the needed items. Friday, she finally delivered the donations to the shelter.

"I feel really good knowing that the animals will be warm and taken care of this winter," she said.

am passionate about it. I said the same about Youth Ministry and now it is also a reality and passion in my life. I have decided to make it a daily habit to say I will never be a millionaire! We'll see what happens."

The Robsons are working together to develop the YM, although Jessica also teaches Fourth Grade at the First Baptist Christian Academy. "We hope to be Godly role models as individuals, but even more so as a married couple,"

O'Rahilly would like to thank all of her neighbors, friends, and fellow Girl Scouts who contributed generously to make her project a success.

O'Rahilly will receive the award in May during the annual Girl Scouts' Court of Award Ceremony.

She has been a Girl Scout for five years. Troop 559 meets every Thursday at the Girl Scout Hut on post.

For more information, call Gerdy Dozier at (520) 456-2436.

Jessica said. "We have the opportunity, with God's help, to speak louder than words with our lifestyle."

The YM program, as well as meetings every Sunday, will include monthly outings for the Middle and High School groups, retreats, lock-ins and camps.

"Above all," Robson said, "we hope to show the Bible as the handbook for life. That's where the fun really begins."

## **New Director of Youth Ministry**

SCOUT REPORTS

Dave Robson, who has been the Minister of Music at the Crossroads Contemporary Service here on Fort Huachuca for the last year, became the Director of Youth Ministry at the Main Post Chapel this past October.

Born and raised in London England. Robson moved to Arizona in May 2003 after marrying Arizona native Jessica Richards. The two met when Robson came to the USA with Cry in the Dark, a London based Christian ministry reaching out to children in Romania.

"Who would have thought that an Englishman like me would be rubbing shoulders with United States Chaplains," Robson said. "I said that I would never be a Music Minster and now I

HHC, 86TH SIGNAL BN.

## Scout On The Street-



Menudo and tamales.



I like sweet potato pie.



I like macaroni and cheese because it goes with anything.



7TH TRAINING GROUP

Editorial Staff

Advertising Sales

I like the traditional turkey because the way my wife bakes it is out of this world.



Turkey, because all my family is there.

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Staff Writer Thom Williams Volunteers Contributing Writer....
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Brandy Ruiz

### Fort Huachuca and Sierra Vista economy rely on water conservation



Sierra Vista resident Rick Weisberg drains water from a 200 gallon water harvesting container to water his plants.

### PHOTOS AND STORY BY **ESAU LOLIS**

SCOUT STAFF

As role models for water conservation in the Upper San Pedro River Valley of southern Arizona, Fort Huachuca and Sierra Vista continue to save water through aggressive conservation measures.

Ground water use on Fort Huachuca has been reduced by more than half since 1990. Ground water is pumped from the Sierra Vista Sub-Basin often referred to as the aguifer or watershed. The watershed is bordered by the Huachuca and Mule mountains and includes the towns of Sierra Vista, Huachuca City, Bisbee, Palominas, Hereford and Whetstone with a combined population of about 70,000.

Contrary to popular belief, last week's or last month's rains don't replenish aquifer water that can be readily pumped today. The natural process of rainwater seeping into the aguifer can take up to several decades.

"By 2011, Fort Huachuca plans to zero-balance our impact on the aquifer," said Gretchen Kent, chief Plans, Analysis Integration Office. "That means for every ounce of water pumped in association with the fort, on or off post, we will ensure that an ounce goes back into the

aquifer."

According to Kent, Fort Huachuca was issued a Biological Opinion by the U.S. Fish and Wildlife Service in 2002. Fort Huachuca complied with the findings and agreed to stringent water management practices.

The Fort Huachuca Water Use Mitigation Policy instructs all organizations and tenant activities on how to mitigate water consumption. The policy states that any organization increasing its overall personnel strength in the Fort Huachuca area must mitigate the water use associated with these additional personnel and their family.

"People who depend on services from the Fort should have a stake in the process," Kent said. "You would be wise to participate in water conservation and encourage your elected officials to do the same."

Fort Huachuca is well on the way to meet the goals of zero net discharge set for 2011 through continued implementation of watering policies, use of low-water fixtures, aggressive leak repair, conservation easements, xeriscaping, educating Soldiers and civilians, using reclaimed water and installing artificial turf.

Fort Huachuca drafted a Water Resources Management Plan in 2002, a document that outlined the next 10 years of pumping and consumption reduction projects.

"(Fort Huachuca) invests in technology that will allow people to use less water transparently," Kent said.

Things like waterless urinals — each of them can save up to 40 to 50 thousand gallons of water per year, and we have about 400 of those."

In addition to numerous water conservation projects, the post installed 140 horizontal-axis washing machines, constructed more housing units that have air-conditioning rather than evaporative cooling, and provided conservation education opportunities to more than 7,000 employees and residents on post.

More and more area residents and businesses realize the impact of a limited supply of water on the community and are reducing the amount of lawn grass, installing water harvesting equipment and using reclaimed water to cut back on the amount of water used.

According to post environmentalist, Tom Runyon, the bulk of the drastic reduction in water usage can be attributed to strict watering policies on post which has reduced on-post pumping by 130 acre-feet per year since 2001.

An acre-foot is the quantity of water that would cover one acre to a depth of one foot. One acre-foot equals about 326,000 gallons of water. That's enough water to fill 18-18,000 gallon swimming

Runyon said the water conservation initiatives taken by residents are extremely

ture provides that we actually need to keep our grasses green," he said.

According to Runyon, most people don't know how much water to apply to their turf, plants and lawn, and how much water their sprinkler system is putting out.

"If you don't have any way to gauge the amount of water that you're putting out, you may be over watering," Runyon said.

Runyon noted that not enough rainfall occurs locally for most non-native grasses. He said that it is good that most residents here rely on summer monsoons to water their grass.

"To keep Bermuda grass you need 31 inches of water in addition to the natural rainfall," Runyon said. "That's 46 inches of water per year or about 300 gallons for every square foot of grass per year."

Runyon suggests residents who want to keep their grass green and conserve water at the same time take advantage of the University of Arizona Cooperative Extension Water

"University of Arizona Cooperative Extension Water Wise Program publishes a lawn watering guide," Runyon explained. "It tells you when and how often you should water your lawn and it also tells you what your sprinkler system output should be."

Runyon recommends instead of having a full lawn of turf, just plant a smaller sized patch for the kids or pets to enjoy and xeriscape the rest of the lawn.

Xeriscaping, means to landscape with slow-growing, drought-tolerant plants to conserve water and reduce yard trimmings.

"More and more people are going to start collecting their rainwater and using it," Runyon said. "In Sierra Vista, you can actually buy rainwater harvesting systems," he said. "They are pretty attractive tanks that allow you to collect water."

Sierra Vista resident, Rick Weisberg, uses home rainwater harvesting containers with a capability to collect more than 4000 gallons of water at a time. Weisberg uses the rain water to water his xeriscaped yard and vegetable garden.

"On an average 15 inches of rain per year, I can collect over 18 to 19 thousand gallons of rain per year," Weisberg said.

Weisberg has a 3,000-gallon water storage container that collects water from strategically placed water harvesting containers.

From cutting down on the amount of water used to take a shower to installing a residential rain-harvesting system, everyone can participate in water conservation.

As a leader in environmental stewardship, Fort Huachuca will continue to aggressively conserve water, and encourage local areas to the same. For more information on the University of Arizona Water Wise Program visit the Web site at www. cals.arizona.edu/cochise/



Weisberg uses native plants to landscape his front yard. By using native plants or plants that don't require much water, you conserve water and have a great looking yard also.

important because we only get about 15 inches of rain

He believes that everyone should take a closer look at the amount of water used in watering lawns and plants.

"The dramatic thing is to realize how much water above and beyond what naWise program.

"The Water Wise program will come in and help you do a residential water-use audit and they'll actually help you plan a way to use less water for irrigation," Runyon said. He also noted that the Water Wise Program is free of charge.

## Support for military families welcome any time of the year

BY BONNIE POWELL

DECA

During the Holidays, many Americans open their purse strings to help those in need, but the "Gift of Groceries" and Scholarships for Military Children are programs that can help military families all year round.

Since the "Gift of Groceries" program began in 2002, the general public has been able to purchase commissary gift certificates to give to military friends and family, as well as to purchase and donate to charitable organizations assisting military families. The certificates can be purchased through a link at http://www.commissaries.com or by calling 1-877-770-GIFT.

"Donations of commissary gift certificates to world-wide charitable organizations such as the Air Force Aid Society, Fisher House Foundation, and the USO have totaled over \$200,000 in the last three years," said Patrick B. Nixon, chief executive officer and acting director of the Defense Commissary Agency. That's in addition to the thousands of dollars in gift certificates that have been purchased and donated through installation charities.

"Increasingly, many installation holiday food programs seem to be utilizing commissary gift certificates as well," said Nixon. "Since the commissary benefit saves shoppers an average of 30 percent or more over com-

mercial grocery stores, the commissary certificates have more buying power." A valuable military benefit, commissaries provide groceries "at cost" to military active duty, Guard and Reserve, and retirees at 268 locations worldwide.

A recent addition to the gift certificate donation program is "Operation Homefront," a nonprofit volunteer organization that assists military families with emergency needs. Operation Homefront has thirty-one chapters in the U.S. and has handled over 20,000 cases ranging from car repairs to food assistance since 2002. It is affiliated with CinCHouse.com, a nonprofit organization created to help military wives and women in the military manage day-to-day life.

According to Amy Palmer, executive vice president of Operation Homefront, commissary gift certificates are a more efficient way for them to help families, giving the families the flexibility to shop for the food they need. More information on Operation Homefront and CinCHouse.com can be found at http://www.operationhomefront.net or http://www.cinchouse.com.

Commissary gift certificates are made possible through a business agreement with CertifiChecks Inc., at no cost to the federal government. Anyone can buy the certificates, but only authorized commissary shoppers can spend them. There is a small charge for handling,

printing and shipping the certificates.

The general public can also help send outstanding military children to college. The Scholarships for Military Children program has awarded nearly \$4 million in scholarships to about 2,500 students since the program began in 2000. The program administrator, Fisher House Foundation, accepts public donations for scholarships at http://www.militaryscholar.org. Since program costs are absorbed by Fisher House Foundation, every dollar donated goes to fund the \$1,500 scholarships. Applications and information on eligibility are available online at http://www.militaryscholar.org.

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a 5-percent surcharge, which covers the costs of building new commissaries and modernizing existing ones. Shoppers save an average of 30 percent or more on their purchases compared to commercial prices – savings worth about \$2,700 annually for a family of four. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.

## Band Gears Up For Holiday Concert Tour

BY SGT. 1ST CLASS ROBERT B. COMER

36TH ARMY BAND PUBLIC AFFAIRS

The 36th Army Band kicked off the holiday season by marching in the 47th annual Sierra Vista Holiday Parade. The parade is a jump-start to a Western Arizona tour that the band has been preparing for since September.

This year's Holiday Concert promises to be one of the best ever. Chief Warrant

Officer 4 Aaron P. Graff will lead the band through five wonderful shows that will span four Arizona cities.

The Arizona Holidays Tour '05 starts right here at home, 7:00 p.m. Monday in the Buena Performing Arts Center, Crowder Hall at the University of Arizona in Tucson will be the next stop, 7:00 p.m. Tuesday, then on to Lake Havasu City, at the Aquatic Center at 7:00 p.m., 14 December, finishing up in Yuma with two matinee shows at 2:00 p.m., 16th and

17th of December.

The show will feature quite a few vocal numbers starring the band's own Sgt. 1st Class Bryan Hildebrand, Staff Sgt. LeRoy Foster, Staff Sgt. Steven Harmon, and Spc. Gavin Bailie.

Sparing no expense, the band has called on the talents from their sister service the Navy Band Southwest, San Diego, as well as the 62nd Army Band at Fort Bliss, and Cochise College, to lend some extra musicians for the occasion.

Additionally, the band will feature, as a guest vocalist, the talented Ms. Jesika Cline on diverse selections such as Amy Grant's "Tennessee Christmas", and Whitney Houston's soulful rendition of "Do You Hear What I Hear".

Finally, there will be some familiar Christmas Classics, as well as a fan favorite sing-a-long with a special pre Christmas Eve surprise appearance by a jolly old elf.

So, why don't you brave one more Christmas crowd this month,?

As always the concerts are free, but seating is limited to space available, so plan to be there early.



Photo by Esau Lolis

### **Character Counts**

4th and 5th grade students of General Myer Elementary School were honored in an awards ceremony for Academics and Character Counts, Nov. 30.

Awardees

4th Grade Character Counts Zachary Lambert Hannah Dativeros Claire Anne Moncur Jimmie Johnson Jasmine Hill Niya Royal

4th Grade Academic Jessica Sanchez Brandon Kelsey Andrew Camps Marcus Anderson Savannah Payton Marissa Torres 5th Grade Character Counts Kiley Hatorson Jadzia Caparula Chelsea Gratz Nathan Dedeaux Autum Alaniz Koral Pick

> 5th Grade Academic Jacob Branderhorst James Kolyen Ahmauri Williams-Alford Allie Bryant Daisy Koceja Patrick Tarbet

## **USAIC & Fort Huachuca sign agreement with AMU**

**SCOUT REPORTS** 

The U.S. Army Intelligence Center signed a cooperative degree program agreement with American Military University, Monday.

As a result of the agreement, service members who have completed certain USAIC courses may receive college credits toward an AMU bachelor's degree in Intelligence Studies. Warrant officers also will receive transferable credit toward a bachelor's degree in Intelligence Studies. Commissioned officers who take the captain's career course will get five courses or fifteen credit hours toward a master's degree in Strategic Intelligence.

"It's an opportunity," said Commander USAIC & Fort Huachuca, Maj. Gen. Barbara Fast. "We have relationships with many universities and colleges and this is another opportunity that helps our soldiers gain the ability to further their education in a very flexible way."

Fast said the USAIC course curriculum will not change.

"Flexibility for our students is one important aspect because there is a lot in

their life that doesn't allow them, in the course of their duty, to take a prescribed course and finish it as a normal university student would ...," Fast said.

She said the flexibility will allow students who are deployed to take courses.

AMU has one of the nation's largest intelligence programs with more than 1,500 students enrolled.

"AMU's strong academic programs complement the knowledge these NCOs, and officers already have," says Wallace E. Boston, Jr., president and chief executive officer of American Public University System "It's all part of lifelong learning. Students will benefit while in uniform and after they leave military service as well."

USAIC and AMU developed the cooperative degree program under the guidelines of the American Council of Education's Joint Statement on the Transfer and Award of Credit, published by the Council on Higher Education Accreditation and the American Association of Collegiate Registrars and Admissions Officers.



AMU offers more than fifty undergraduate and graduate programs.

Transfer credit will be given to officers and NCOs, for courses taken at USAIC, towards a bachelor's of intelligence studies as follows:

- Military intelligence basic noncommissioned officer course, between 3 and 15 credit hours
- Military intelligence advanced non-commissioned officer course, 12 credit hours
- Military intelligence warrant officer basic course, 15 credit hours

• Military intelligence captain's career course, 15 credit hours.

AMU gives opportunities for students who in the course of taking their instruction, also qualify for college credit with the university. And it gives them an opportunity, should they decide to continue their studies, to sign up for additional courses and perhaps get a degree from American Military University.

For more information on degree programs, contact an Admissions Representative at 1-877-468-6268 or visit AMU's Web site at <a href="http://www.amu.apus.edu">http://www.amu.apus.edu</a>.

### Thunderbird Dining Facility declared "best" for Thanksgiving displays and service



Soldiers fron the Thunderbird Dining Facility prepare to receive their trophy.

BY 1ST LT. ANDREA PRATT

CONTRIBUTING WRITER

Col. Mary Shively, Network Enterprise Technology Command/9th Army Signal Command Chief of Staff, presented the DFAC cooks with the post trophy for their efforts,

"One of the things that stood out to us was the care, pride, and absolute professionalism with which you served Thanksgiving dinner to our Soldiers ... you served to bring a piece

of home to them for the holidays ... I want to personally thank you for your efforts," said Shively.

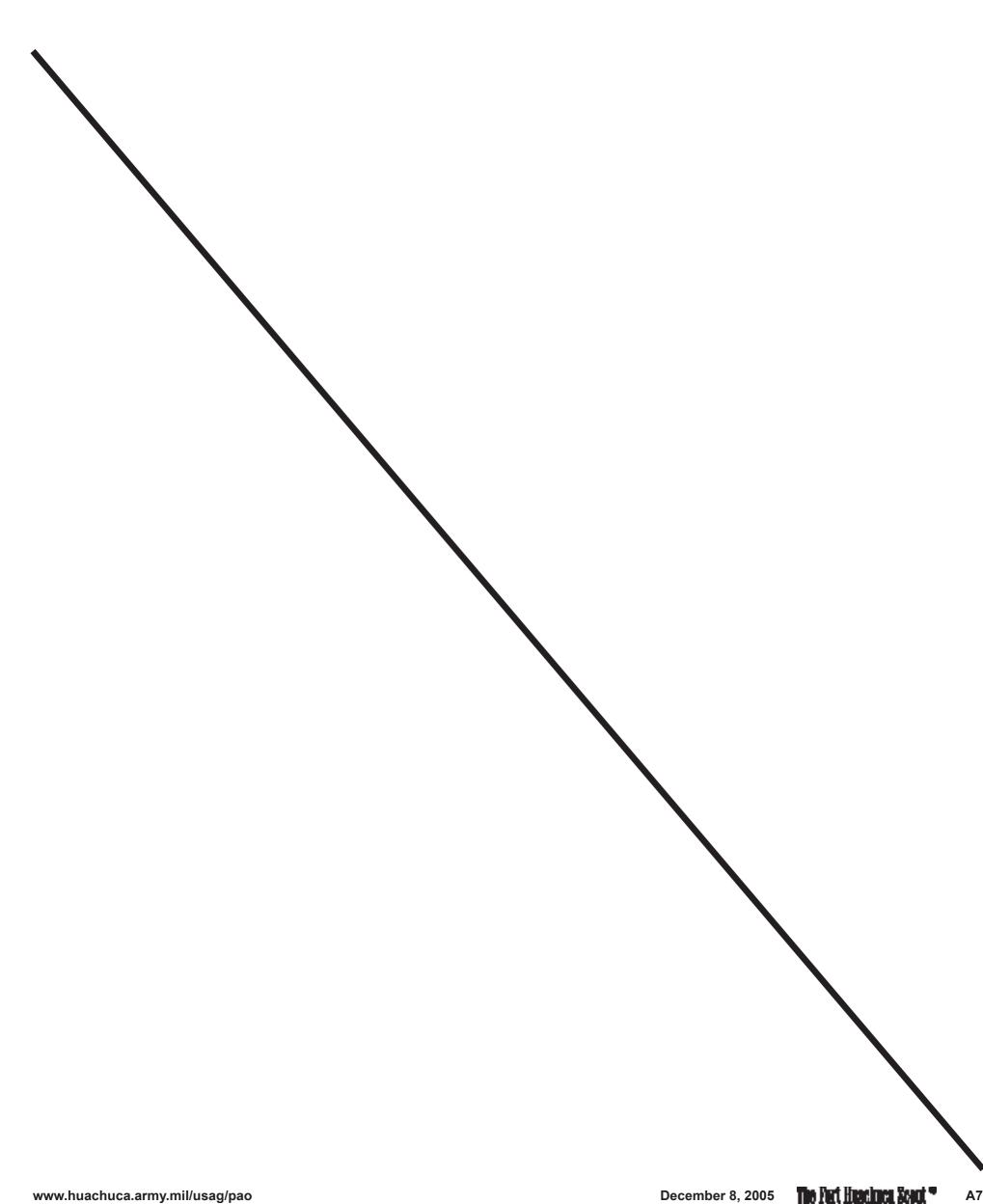
Shively evaluated the post DFACs on a point system for their Thanksgiving dinners. "I could absolutely tell how much care you put into (the dinner) ... the menus, the welcome brochures, the serving lines; the back of the kitchen was clean, and most of all, your attitude," said Shively.

"From the servers, to the dishwashers, to everyone ... you all did a great job," said Col. Tim Quinn, Fort Huachuca Chief of Staff.

The Thunderbird DFAC cooks put several days of work into their Thanksgiving displays. Two live turkeys gobbled at guests on their way through the front door; edible displays made out of dough, sugar, and marzipan in honor of Hurricane Katrina survivors were displayed throughout the facility; cold sides were presented on colored ice sculptures of bowls and cornucopias, and the food was served by senior ranking members of the Brigade in their dress blue uniforms.

The DFAC prepared over 495 pounds of turkey, 198 pounds of shrimp, 125 pounds of ham, 225 pounds of steamship round, 65 pounds of Cornish hens, and additional sides, desserts, rolls, and beverages , served in flowing fountains, for the event. A great deal of work went into the displays and the food ser-

The Thunderbird DFAC served a warm Thanksgiving meal to over 500 people on 23 November. Pvt. 1st. Class Bashans, the most junior cook, and Sgt. 1st. Class Paula Worley, DFAC manager, received the trophy from Shively and Quinn.



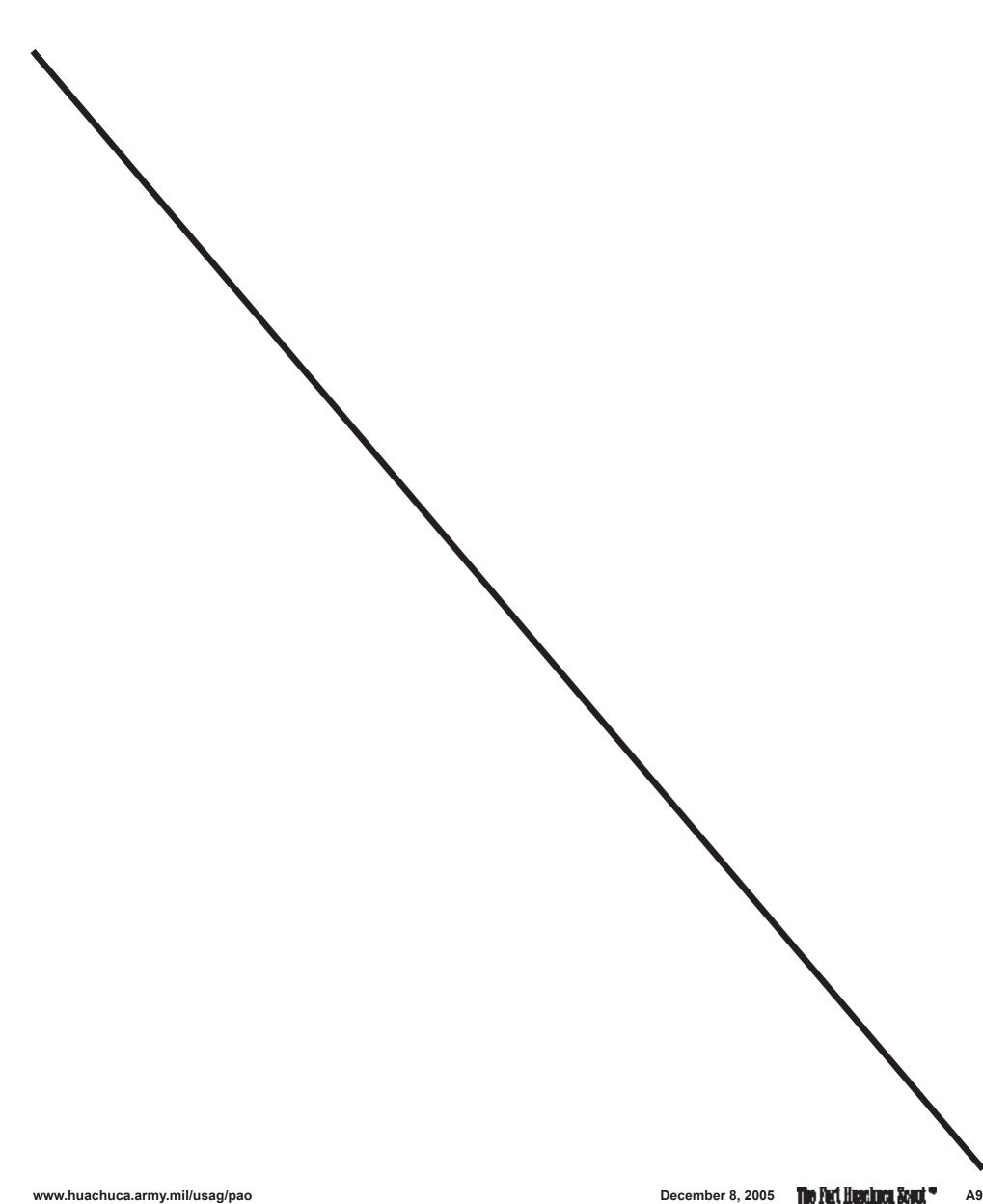


### Fort Bliss Blood Donor Center participates in blood drive

Sgt. Erica Hogeland from the Fort Bliss Blood Center draws blood from Kristen Boyd at Eiffler Gym Nov. 30 during the last blood drive of the year.

The next blood drive is scheduled to take place in January.

According to the Armed Serves Blood Program Web site in addition to providing blood to those in need in combat situations, the program also supports the peacetime needs of military personnel and their families.



## USAIC and Fort Huachuca Change of Responsibility

### Passing of authority, responsibility, trust and mission



Outgoing Command Sgt. Maj. Lawrence J. Haubrich relinguishes the post Guidon to Maj. Gen Barbara J. Fast during the U.S. Army Intelligence Center and Fort Huachuca change of responsibility ceremony.

### SCOUT REPORTS

U.S. Army Intelligence and Fort Huachuca Command Sgt. Maj. Lawrence Haubrich relinquished responsibility to incoming Command Sgt. Maj. Franklin Saunders Friday at Brown Parade Field.

After 30 years of Active Duty Army service, Haubrich is retiring

The post Guidon was passed representing the pass-

ing of authority, responsibility, trust and mission from the outgoing command sergeant major to the incoming command sergeant major.

During the ceremony, Maj. Gen. Barbara J. Fast presented Haubrich with an interim Legion of Merit and other awards. She presented Mrs. Melisa Haubrich with the commander's award for public service for her support of soldiers and their families

Fast praised Haubrich saying that he was leaving the U.S. Army Intelligence Center better than when he arrived in 2001.

The B-Troop ladies auxiliary presented the wives flowers. Red roses in full bloom were given to Melissa Haubrich representing the fullness of the relationship between the Haubrichs' and USAIC and Fort Huachuca. Yellow roses were presented to Karen Saunders symbolizing the relationship ahead and the blossoming of a new era.

"Without you all this ceremony would be nothing,' Haubrich said to the audience. He continued to thank the Soldiers and Maj. Gen

Haubrich talked about his grandfather, father, himself and his son serving in the

Tears began to roll down his face when he talked about his son, Christopher, a corporal with the Fort Huachuca 18th Military Police Detachment, who recently served in

"The (Military Intelligence) Corps is now yours my friend," Haubrich told Saunders.

Before the pass and review portion of the ceremony, Saunders briefly addressed the crowd as the new USAIC

and Fort Huachuca Command Sergeant Major.

"I look forward to challenging missions as the command sergeant major of the Military Intelligence Corps and Fort Huachuca," Saunders said.



U.S. Army Intelligence Center and Fort Huachuca commander Maj. Gen. Barbara J. Fast presents the Post Guidon to incoming Command Sgt. Maj. Franklin A. Saunders. The passing of the Guidon represents the passing of authority, responsibility, trust, and mission from the outgoing command sergeant major to the incoming command sergeant major. The Guidon is borne by the unit's senior noncommissioned officer, whose responsibility is to serve as custodian of the unit color, symbolizing his stewardship of the soldiers in the unit.



### **Annual Post Tree Lighting** and Menorah Ceremony

Soldiers, civilians and their families assembled at the Main Post Chapel Tuesday night to witness the Annual lighting of the post Christmas tree.

Maj. Gen. Barbara J. Fast said the lighting of our Christmas tree is enjoyable for kids and enjoyable for those that are still a kid at heart. She said the spirit a Christmas tree brings with it is also enjoyable, "the spirit of being able to share -- being able to give in terms of service, and being able to understand kindness and charity."

The tree lighting ceremony ended with Fast helping nine-year-old Bryan parker and three-year-old Ira Petit pull the power switch that lit the twenty-foot

Then, the crowd moved into the Main Post Chapel to listen to the 36th Army Band, and enjoy cookies, hot chocolate and children's activities.



Above, Maj. Gen. Barbara J. Fast give a "high five." to nine-year-old Bryan Parker. Below, children dance to Christmas music performed by the 36th Army Band.



The Part Haacknes React "

## 86th Signal Soldiers test HMDA before its fielding

BY ANDREA PRATT CONTRIBUTING WRITER

The 86th Signal Battalion's Motor Pool has been home to a special piece of equipment since Halloween. Aside from standing out as the only green assemblage in a lot full of desert camouflaged vehicles, the visiting assemblage also sports a distinctive new antenna and radio system. Its strange antennae were seen erected both on Fort Huachuca, and at the Sierra Vista Shooting Range, near Tombstone, this week.

Eleven Thunderbird Soldiers completed a User Evaluation for Laguna Industries, stationed out of Laguna, New Mexico. The Soldiers tested the Army's new High Speed High Mobility Digital Group Multiplexing Assemblage before its fielding, which

is scheduled for next spring.

The test period began with ten days of classroom instruction from Laguna Industries. Soldiers were presented reading material, a series of lectures, and several opportunities to ask questions about the specialized equipment. The second phase of testing consisted of equipment familiarization and practical application at the switch docks, for two days. Soldiers actually entered the HMDAs and simulated communication "shots" between the assemblages. The Soldiers were pleased with the simplicity of operating the new assemblage.

"This stuff is incredibly user friendly," said Sgt. Chad Brummund, Company B, 86th Sig. Battalion TROPO team chief, "I've never worked with radio equipment of this kind before, The really awesome

thing about this equipment is that it's hard to do something wrong...the equipment will actually notify you if you put in commands that don't make sense."

The HMDA is programmed to display error messages if a user tries to program two frequencies that are too close together, or if data rates don't "make sense," two of the more frequently human-caused errors in radio communications. Because the HMDA is "smart" in this sense, it eliminates a great deal of troubleshooting issues.

The HMDA surpasses current radio communications capabilities on all fronts. "It has a 'band 3+ antenna', more or less doubling the bandwidth most of us are used to operating on," said Terrence Lucero, a contractor from Laguna Industries, "We can pass video, voice, and data, and the amount we can pass is also (quadrupled). I'm pretty excited about being apart of this ... I think the students in

particular are amazed at how their test shots came in."

"I've never seen a radio shot come in this fast, and I've been working with radios for 13 years," said Staff Sgt. Richard Cody, Company D, 86th Sig. Battalion Line of Sight team chief, "this is really good stuff!"

The final phase of the UE consisted of an actual transmission test over a range of 22 miles, a distance longer than thought possible for such success for most of the students, "This is just amazing to us. This is probably the longest shot any of us have ever put in, and it came in faster than we've ever seen." said Brummund,.

The UE lasted a total of 15 work days, 8 hours per day.

Much to the Soldiers' disappointment, the new assemblage will not be staying at Fort Huachuca after the evaluation period. "Once we get a 'go' here," said Lucero, "we'll start the fielding." The fielding will begin for a period of eight months at the 1st Signal Brigade in Seoul, Korea.



### Fort Huachuca Holiday Services

Regular masses

Daily Mass: 11:30 a.m. Main Chapel Saturday: 5 p.m. Main Chapel Sunday 9:30 a.m. Main Chapel 11:30 a.m. Kino Chapel Sunday:

#### Special services

8 Dec	11:30 a.m.	Immaculate Conception Mass	Main Chapel
8 Dec	5 p.m.	Immaculate Conception Mass	Main Chapel
13 Dec	7 p.m.	Advent Communal Penance Service	Main Chapel
24 Dec	5 p.m.	Children's Mass	Main Chapel
24 Dec	Midnight	Midnight Mass	Main Chapel
25 Dec	9:30 a.m.	Christmas Day Mass	Main Chapel
25 Dec	11:30 a.m.	Christmas Day Mass	Kino Chapel

#### **Protestant**

#### Regular services

Sunday: Episcopal – Main Post Chapel 8 a.m 9.20 a m Gospel - Kino Chapel 9.30 a m Prosser Village Chapel

11 a.m. Contemporary Service - Cochise Theater

11 a.m. Main Chapel

#### Special services

18 Dec	9:20 a.m.	Christmas Cantata	Kino Chapel
24 Dec	7 p.m.	Christmas Eve Candlelight Service	Main Chapel
24 Dec	10 p.m.	Episcopal Holy Eucharist	Kino Chapel
25 Dec	8 a.m.	Christmas Day Service - Episcopal	Main Chapel
31 Dec	10 p.m.	Watch Night Service	Kino Chapel

6 Dec Holiday Tree Lighting 6 p.m.

Lighting of the Menorah 36th Army Band and Santa

Claus visit

### Range Closures

Today – AA, AC, AD, AH, AI, AK, AL, AM, AP, AR, AU, AW, T1, T1A, T2 Friday - AC, AD, AH, AI, AK, AL, AP, AR, AU, T1, T1A, T2

Saturday – AC, AD, AH, AI, AK, AL, AR

Sunday– No Closures

Monday –AC, AD, AG, AN, AW, T1, T1A, T2

Tuesday – AC, AD, AG, AN, AW, T1, T1A, T2

Wednesday – AC, AD, AG, AN, AW, T1, T1A, T2

Contact Range Control at 533-7095. Closures are subject to change.

### **Youth Ministry**

Collective Protestant and Catholic, enjoy games, food, worship, bible study and more, in the Main Post Chapel Activities Room

Middle School (grades 6-8) every Sunday 1600-1700

High School (grades 9-12) every Sunday 1730-1900

For more information please contact Dave Robson, Director of Youth Ministry, at 533-4598

### **Thunder Mountain Aquatic Club is looking for Certified** Lifeguards.

Anyone interested in swimming and/ or diving is invited to come check us out. Practices are held at Barnes Field House Pool. For more information contact Karen Robins at (520) 234-5419. Practices are held at Barnes Field House Pool.

#### **MDRM Closure**

The Mission Directorate of Resource Management, 2869 Boyd Avenue, Building 41408, offices will be closed 16 December from 1100-COB. Normal business hours will resume on Monday, 19 December 05. For more information, call Ms. Sharon Williams-Walker, 533-1361/2288.

### **DPW Closure**

The Directorate of Public Works will be closed for their holiday party on 15 Dec., from 11 a.m. - 4 p.m. Please call the after duty hours phone number 533-2623 for all emergency and routine service orders.

### Installation ASP Closure

The Installation Ammunition Supply Point will be closed Dec.28 - 30 for quarterly inventory.

In case of an emergency, call Manny Bringas at the ASP, at 533-2512, or George Bush, Services Supervisor, at 533-0631.

### Museum gift shop sale

The sale runs through 31 Dec., offering fifteen percent off any item over \$5. The gift shop is located in the Military Museum of the Southwest on Grieson and Boyd streets. Hours are 9 a.m. to 4 p.m., Monday through Friday, 1 p.m. to 4 p.m. Saturdays and Sunday. For more information, call 520 458-4716

## Chaplain's Corner

### **Protestant Sunday Services**

8 a.m.	Episcopal Main Post
9:20 a.m.	Gospel Kino Chapel
9:30 a.m.	Protestant Prosser Village
11 a.m.	Cross Roads Cochise Theater
11 a.m.	Collective Main Post
3:30 p.m.	ALPHA Prosser Village

#### Ro

Jewish Worship

Friday

3:30 p.m.	ALPHA	Prosser Villag
oman Cathol	ic Worship	
MonFri.	11:30 a.m.	Main Post
Saturday	4 p.m.	Main Post
Confession		
Saturday	5 p.m.	Main Post
Mass		
Sunday	9:30 a.m.	Main Post
Mass		
Sunday	11:30 a.m.	Kino Chapel
Mass		

### Catholic

Main Dant Classes

	Main Post Chapel		
	CCD	Sunday	10:45 a.m
	Adult	Sunday	10:45 a.m
	Apologetics		
	Adoration of the	Friday	3 - 6 p.m
	Sacrament Blesse	d	
	Korean OCIA	Friday	7 p.m.
	MCCW	1st Friday	9 a.m.
rc	otestant		

Main Chapel

### Р

otestant		
Main Post Chapel		
PWOC	Tuesday	9 a.m.
Sunday School	Sunday	9:30 a.m.
Kino Chapel		
Women's Ministry	1st, 3rd Frid	day 6 p.m.
Bible Study Fellov	vship	
Adult/Youth	Sunday	8 a.m.
Sunday School		
Youth Church	1st, 2nd, 3rd	d, 5th Sunday

#### Men's Choir Tuesday 7 p.m. Rehearsal Women's Choir 2nd Tuesday 7 p.m. Rehearsal Adult Bible Study 6 - 7 p.m.Thursday Youth Bible Study Thursday 6 - 7 p.m. Sanctuary Choir Thursday 7 p.m. Rehearsal Youth Ushers Saturday 10 a.m. Youth Choir 3rd Saturday 10:30 a.m Youth Emphasis 4th Saturday Saturdays Drama Team 8:30 a.m. Saturday Youth Min Staff Saturday 10 a m & Parents Meeting Youth Choir 10:30 a.m m

Rehearsal		
Murr Commun	nity Center	
Teens and	Sunday	9:20 a
Pre-teens Stud	у	

1st Sunday after service

Parish Council

Meetings

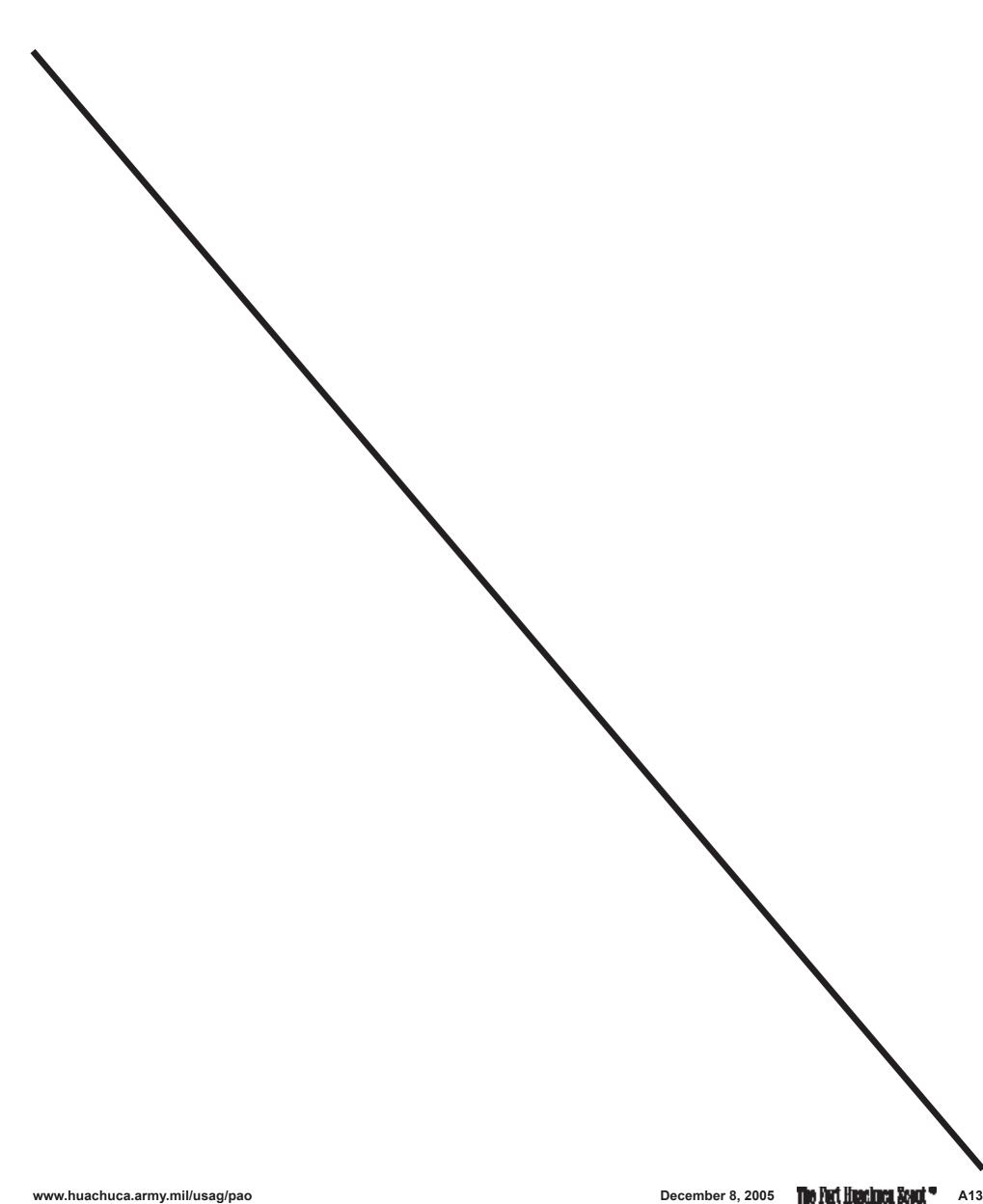
	Youth Mi	nıstry	3rd	Suday	
	Meetings				
	Adult Usł	ner	4th	Sunday af	ter service
	Meetings				
	Men's Mi	nistry	Sati	urday	8 a.m.
	Bible Stud	dy			
	Women's	Choir	5th	Saturday	11 a.m.
	Rehearsal				
Mu	slim Praye	er			
	Friday	11:30	a.m.	Main P	ost
Bu	ddhist We	ekly Tea	achin	g	
	Tuesday	6:30 p	.m	Prosser	Village
Ort	Tuesday hodox Div	•		Prosser	Village
Ort	,	/ine Litu	ırgy		
	hodox Div	vine Litu 10 a.m	ırgy		

Women's Ministry 2nd Sunday

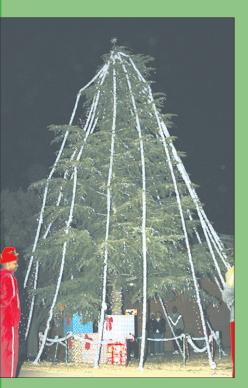
Meetings

7 p.m.

Main Post



## 11th Signal Brigade Jingle Run



The 11th Signal Brigade's Christmas tree was lit in a ceremony just before the annual Jingle Run, Monday morning.

Senior Noncommissioned Officers dueled with Officers in a carol singing contest as part of the ceremony. The First Sergeants, inspired with the Holiday spirit, won the contest.

The Soldiers then completed a three mile run. A clean-shaven Santa Clause even joined the Soldiers, singing cadences, and keeping tabs on who was naughty or nice.



Photos by Spc. John Martinez



### **Sewing and Knitting for the Troops**

The group of fifteen sewers has made and distributed over 1000 neck coolers to troops stationed in hot climates. Personalized cards were attached to every item, with the member signing on the back. Also, knitters, who make helmet liners out of 100% wool, just donated fifty liners to troops attached to Fort Huachuca.

Funding for this grass roots effort is by donation only.

As long as necessary, the "Sewing and Knitting for the Troops" team plans to continue this project and keep it growing. The volunteers are grateful to be able to make a difference for a person far from home.

Wilma Moses (right) explains the unique features of the dining room inside the Sanford House.



John Phillips, B-Troop, 4th U.S. Cavalry, Memorial, helps a visitor to the Carr House



Santa engages Lance Cpl. Craig Beams in a conversation outside of the Nowlan House.

## Holiday Tol



Vistors line-up to go inside the Crook House during th The Crook House was constructed 1884 and is nan commander of the department of Arizona.



Visitors to the Holiday Tour of Historic Homes stroll on **Grierson Street** 

## of Home

a group of twenty people who attended the tour of



Sgt. 1st Class Patrick Harrington shows Robert Aguirre how to hold a saber during the Annual Tour of Historic Homes event.



Alex Moses, a JROTC cadet from Buena High School, admires a holiday tree inside the Sanford House.



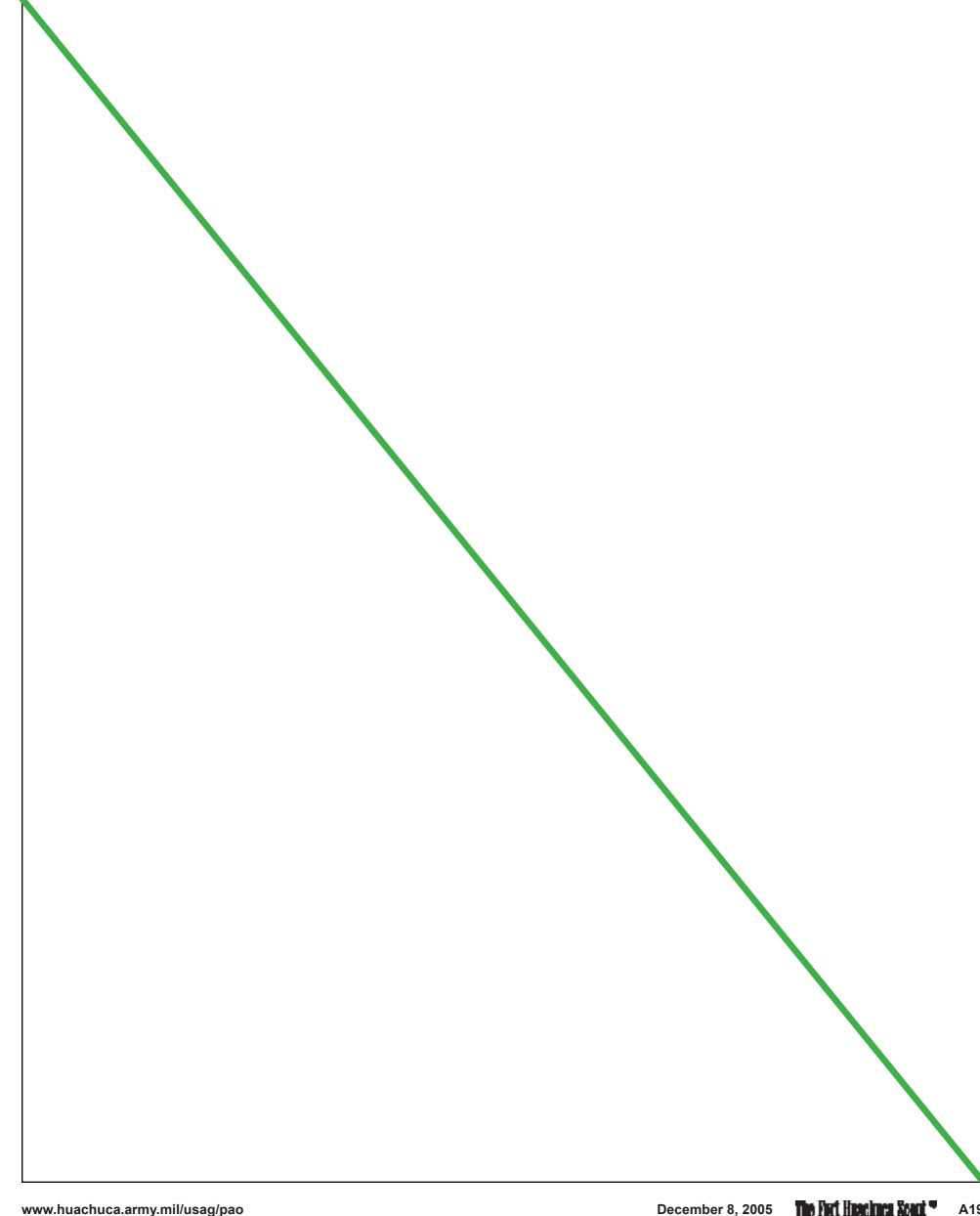
e 15th Annual Holiday Tour of Historic Homes Sunday. ed for Gen. George Crook, a Indian Wars leader and



William Pukinkis explains to Jack Hummel of Green Valley, Ariz., the intricacies of the saddles used by B-Troop, 4th U.S. Cavalry, Memorial, at a static display set-up on Brown Parade Field.



Martina Peters, looking like she stepped out of a Victorian era novel, greets visitors to the Crook House on Grierson Street.





## Service News





## Ultimate sacrafice paid in support of OIF

Two soldiers died Sunday who were supporting Operation Iraqi Freedom, in Baghdad, Iraq, when improvised explosive devices detonated near their HMMWV during convoy operations. Both soldiers were assigned to the Army National Guard's 1st Battalion, 147th Field Artillery, Yankton, S.D.

Killed were:

Sgt. 1st Class Richard L. Schild, 40, of Tabor, S.D.

Staff Sgt. Daniel M. Cuka, 27, of Yankton, S.D. Three soldiers who were supporting Operation Iraqi Freedom died at Tallil Air Base, Iraq, on Friday, of injuries sustained earlier that day when their truck accidentally rolled over. The soldiers were assigned to the Army National Guard's 148th Forward Support Battalion, 48th Brigade Combat Team, Forsyth, Ga.

Killed were:

Staff Sgt. Philip L. Travis, 41, of Snellville, Ga. Sgt. Philip A. Dodson, Jr., 42, of Forsyth, Ga. Spc. Marcus S. Futrell, 20, of Macon, Ga. The incident is under investigation.

Ten Marines who were supporting Operation Iraqi Freedom died.

Staff Sgt. Daniel J. Clay, 27, of Pensacola, Fla. Lance Cpl. John M. Holmason, 20, of Suprise,

Lance Cpl. David A. Huhn, 24, of Portland, Mich. Lance Cpl. Adam W. Kaiser, 19, of Naperville, Ill.

Lance Cpl. Robert A. Martinez, 20, of Splendora, Texas

**Cpl. Anthony T. McElveen**, 20, of Little Falls, Minn.

Lance Cpl. Scott T. Modeen, 24, of Hennepin, Minn

Lance Cpl. Andrew G. Patten, 19, of Byron, Ill. Sgt. Andy A. Stevens, 29, of Tomah, Wis. Lance Cpl. Craig N. Watson, 21, of Union City,

All 10 Marines died Thursday from an improvised explosive device outside Fallujah, Iraq. The Marines were inside an abandoned flour factory being used as

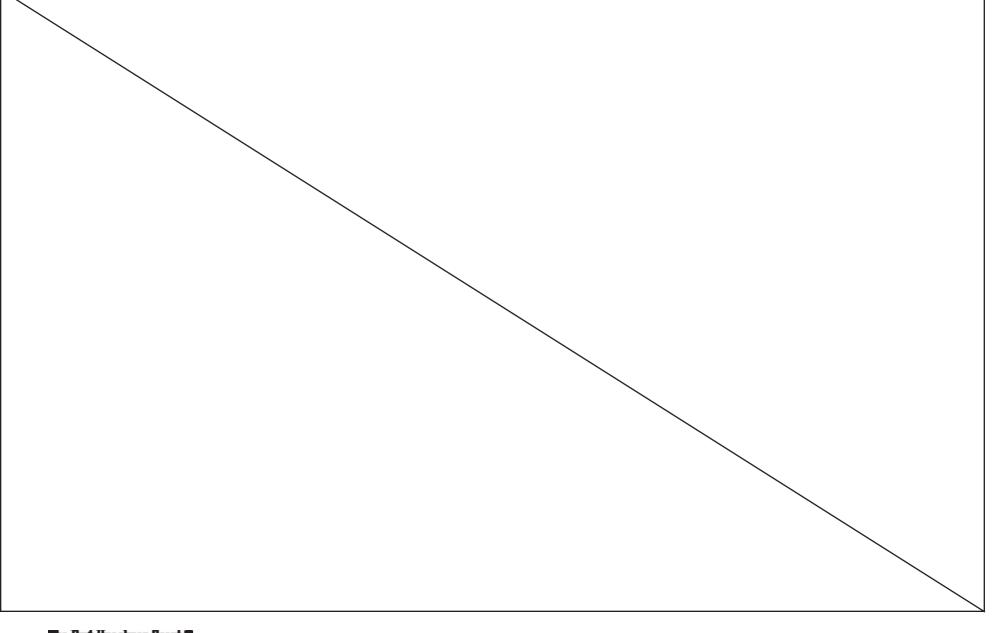
Mich.

a patrol base when the IED detonated. All 10 Marines were assigned to the 2nd Battalion, 7th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Twentynine Palms, Calif. During Operation Iraqi Freedom, their unit was attached to the 2nd Marine Division, II Marine Expeditionary Force (Forward).

Sgt. 1st Class Brent A. Adams, 40, of West View, Pa., died in Ramadi, Iraq on Dec. 1, when an improvised explosive device detonated near his military five-ton truck during combat operations. Adams was assigned to the Army National Guard's 2nd Brigade Combat Team, 28th Infantry Division, Washington, Pa.

**Cpl. Joshua D. Snyde**r, 20, of Hampstead, Md., died Nov. 30 of wounds sustained from small-arms fire while conducting combat operations against enemy forces in Fallujah, Iraq. He was assigned to 2nd Battalion, 6th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

**Cpl. William G. Taylor**, 26, of Macon, Ga., died Nov. 30 from small-arms fire while conducting combat



operations against enemy forces in Fallujah, Iraq. He was assigned to 2nd Battalion, 6th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Staff Sgt. William D. Richardson, 30, of Houston, Texas, died Nov. 30 of wounds sustained from a nonhostile vehicle accident near Al Taqaddum, Iraq. He was assigned to Marine Wing Support Squadron-372, Marine Wing Support Group-37, 3rd Marine Aircraft Wing, Camp Pendleton, Calif. During Operation Iraqi Freedom, his unit was attached to 2nd Marine Aircraft Wing, II Marine Expeditionary Force (Forward). The accident is currently under investigation.

Sgt. Grzegorz Jakoniuk, 25, of Schiller Park, Ill., died in Taji, Iraq, on Nov. 30, from non-combat related injuries. Jakoniuk was assigned to the 4th Battalion, 3rd Aviation Regiment, 3rd Infantry Division, Fort Campbell, Ky.

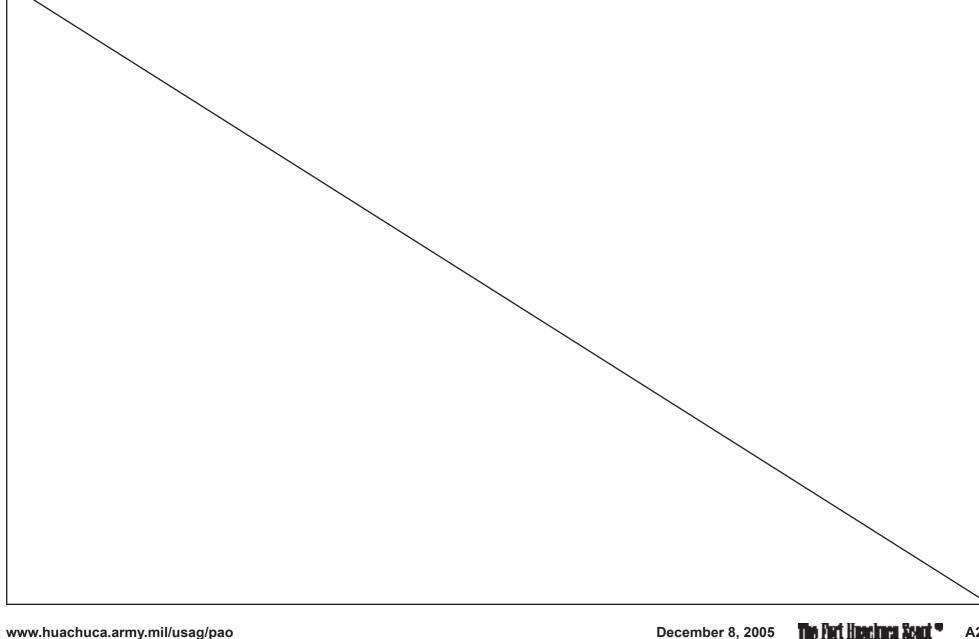
The incident is under investigation.

Two soldiers who were supporting Operation Iraqi Freedom died in Taji, Iraq on Nov. 29, when an improvised explosive device detonated near their HMMWV during combat operations. Both soldiers were assigned to the 1st Battalion, 13th Armor Regiment, Fort Riley, Kan.

Killed were:

Sgt. Donald J. Hasse, 28, of Wichita Falls, Texas. Sgt. Jerry W. Mills Jr., 23, of Arkansas City, Kan.





## Make plans to spend New Year's Eve with MWR

MWR offers you a choice of activities to help buffet are \$15 per person. you "ring in the New Year."

The Thunder Mountain Activity Centre will hold a gala New Year's Eve party, Dec. 31.

From 5 - 9 p.m., TMAC will present a sixcourse, gourmet buffet. For \$35 per person, you'll be able to enjoy all-you-can-eat shrimp, roasted beef tenderloin, baked Atlantic salmon, leg of lamb or roasted vegetable ravioli, and all the side dishes and trimmings, including the dessert bar, coffee and iced tea.

After the buffet, dance to a variety of musical entertainment, including R & B, Hip Hop, Latin and variety. There will be free party favors.

Or you can attend the dance, and then, from 12:30 -2 a.m., enjoy a continental breakfast, featuring sausage, bacon, eggs, hash browns, biscuits and coffee. Tickets for the dance with the breakfast

If you'd like to enjoy both the dinner and breakfast buffets and the dance, admission is \$40 for all

After the breakfast buffet, the music and party will continue until 4 a.m., with the admission price of \$6 per person.

Call TMAC at 533-7322 to make reservations for the dinner buffet or for more information. Guarantee your reservations by credit card or prepayment by Dec. 26. (No refunds after Dec. 29.)

Desert Lanes has planned a New Year's Eve party that the whole family can enjoy. From 8 p.m. to 2 a.m., Dec. 31, you can "bowl in the New Year." There will be party favors, door prizes, snacks and a full breakfast buffet included in the price.

You can save by purchasing your tickets in advance at Desert Lanes. Advance prices are: \$25 for

adults; \$12.50 for children 10 and under; and \$45 per couple.

At the door, the prices will be \$30 for adults, \$17.50 for children, and \$50 per couple.

Call 533-2849 for more information.



### Free Holiday CDs from MWR

MWR will be giving away free holiday CDs to: every fifth customer who makes a purchase during normal business hours, Monday at Jeannie's Diner; to all open bowlers, during normal business hours, Monday at Desert Lanes; and from 11 a.m. to 1 p.m., Tuesday to everyone who purchases the lunch buffet at Thunder Mountain Activity Centre.

The CDs feature classic holiday songs, by various artists such as Bing Crosby, Lou Rawls, Lena Horne, Nat King Cole and The O'Jays. Stop by one of these facilities next week and get your free CD!

### CDC will offer special child care hours

The New Beginnings Child Development Center will be open two Saturdays to provide child care for parents who want to do their holiday shopping without their children. The special hours will be 8 a.m. - 5 p.m., Dec. 10 and 17. The CDC is located in Building 48101, Smith Street.

Pre-registration is required. The cost is \$3 per hour, per child; or \$5 per hour for families with two or more children. Call the Central Registration Office at 533-0738 to sign up.

### Active duty enter to win at Jeannie's

All active duty military are invited to stop in at Jeannie's Diner, now - Dec. 16 and sign up to win a holiday stocking full of an assortment of surprises. The drawing will be held Dec. 17.

For more information, call 533-5759.

### New daily specials at Desert Lanes

Desert Lanes will offer the following daily specials beginning Dec. 15:

Monday, 9 a.m. - 2 p.m., Parent Child Day- par-

ents bowl for \$2 per game and your child bowls free; Tuesday, 9 a.m. - 5 p.m., bowl for \$2 per game; Wednesday, 9 a.m. - 5 p.m., Active Duty Day - military bowl for \$1.50 per game; Thursday, 9 a.m. - 5 p.m., Seniors Day - seniors bowl for \$1.50 per game; Friday, 9 a.m. - 2 p.m., bowl for \$2 per game; and Sunday, 9 a.m. - 4 p.m., Family Day- A family of up to five people can bowl for \$25 two hours, and price includes shoe rental and three kids' meals.

For more information, call 533-2849.

### Caroling hay ride scheduled

Buffalo Corral will offer a caroling hay ride, Dec. 15. The hay ride will leave Buffalo Corral at 6 p.m., wind through the old post and surrounding housing areas, and return to the Corral for refreshments around 8 p.m.

Cost is \$10 for adults or \$7.50 for children ages 6 - 11. Reservations and prepayment are required by close of business Sunday.

For more information, call 533-5220.

#### Gift Certificates available at TMAC

The Thunder Mountain Activity Centre now has gift certificates available for holiday giving.

Certificates are available for the lunch buffet in the amount of \$7 (the cost of the buffet), and for bingo packets in three different amounts.

The lunch buffet is open 11 a.m. - 1 p.m., Tuesday - Friday.

TMAC hosts bingo at 6:45 p.m., Tuesday, Thursday and Saturday, and at 12:45 p.m., Sunday.

For more information, call 533-3802.

### Pistol Range closed temporarily

The Sportsman's Center has announced that the pistol range, number 3, will be closed Dec. 16 - 20, during deer hunting season.

For more information, call 533-7085.

Sale at MVGC Pro Shop

For those of you who have a golfer on your holiday shopping list, Mountain View Golf Course will offer 10 percent off all items in the MVGC Pro Shop, Dec. 19 - 24.

During that time, you can also register to win a free golf lesson and other prizes.

For more information, call 533-7088.

### Unique holiday gifts available at ITR

If you haven't finished your holiday shopping, the MWR Information, Tickets and Reservations Office has several unique gift ideas available.

Tickets for upcoming events at the Tucson Convention Center would make a great gift. ITR has tickets for the following TCC events, including: Dec. 19, "Blue Christmas," a holiday tribute to Elvis Presley: Dec. 29, George Lopez; and Jan. 13 and 14, 2006, the Tucson Ice Cats hockey team vs. St. Louis University.

ITR also has the 2006 "Tucson Passport to Savings" books on sale for \$15, and the 2006 Entertainment Book (covering Tucson and Southeastern Arizona) for the discounted price of \$35. These books contain coupons for restaurants, hotels and travel, and money-saving offers from many area attractions.

Other stocking stuffers available at ITR include "Looney Tunes" character watches, Army insignia watches and "Support our Troops" holiday orna-

ITR can also assist you in booking a cruise, which would make an unforgettable holiday gift.

For more information on any of these services, call 533-2404 or drop by the ITR Office, Building 70914, Irwin Street. The facility is open 9 a.m. - 5 p.m., Monday - Friday and 10 a.m. - 2 p.m., Saturday.

### Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for contest appearing on the MMR page in The Fort Heachace Scout. Causations about this section should be directed to MMR Marketing Director, Paula German at 530-8836 or send on e-mail to <u>paula germanifibus army mil</u> or violt no on the Web at <u>province because</u>



### Movies

Doom plays at 7 p.m. Saturday at Cochise Theater. For the complete listing of this week's movies, see Page B6.

## **New RV at MWR Rents**



Col. Jonathan Hunter, Fort Huachuca garrison commander, and Spc. Jonathan Galchik check-out the interior of MWR Rents' new RV.



MWR Rents' new 28-foot, Class C RV is ready for

### STORY AND PHOTOS BY THOM WILLIAMS

SCOUT STAFF

The Directorate of Morale. Welfare and Recreation's MWR Rents on Fort Huachuca recently acquired a 28-foot, Class C recreational vehicle that authorized MWR patrons

The fully self-contained vehicle sleeps up to eight people and has all the features, from a cable television hook-up to a microwave oven, one would expect to find in a high-end recreational vehicle.

"Right now it's \$100 a night, and on top of that there is a mileage charge," said Josh Gwinn, chief recreation division, MWR.

"Once you exceed the free mileage there is a 22 cents-per-mile charge and an hourly charge of \$3 for using the generator."

Free mileage varies from 100 miles for a one day rental up to 600 miles for an 11-14 day rental.

Gwinn added he expects the RV to be a very popular rental item and urges patrons to make reservations early to avoid disappointment.

Reservations and deposits can be made up to a year in advance of a projected rental date. There are also deposits for vehicle damage and cleaning.

When a customer arrives to take possession of the RV they will be shown the ins and outs of using an RV by the MWR Rents staff.

"We'll walk them through everything we have on that RV so that they are real comfortable with it and understand the limitations of it, and then they'll make sure that there is no damage on the vehicle before it goes out,"

## First in fleet of new rentals for recreation

Gwinn said.

Renters will also receive an instruction manual for operating everything in the RV from how to turn on the generator to hooking up the water and sewer.

"Sometimes with things like that you get out there and it gets frustrating," Gwinn said. "Hopefully we can make it easy for them and

The fully self-contained vehicle sleeps up to eight people and has all the features, from a cable television hook-up to a microwave oven, one would expect to find in a high-end recreational vehicle.

user friendly."

Currently MWR does not put any restrictions on driving the RV into Mexico, but patrons must ensure they meet the paperwork requirements for crossing the border.

The RV is the first in what Gwinn plans to be a fleet of RVs and campers MWR Rents will acquire to include three newly purchased pop-up campers.

"We are trying to get enough vehicles so that we won't have too much usage and give more opportunity to the Soldiers here at Fort Huachuca to use the RVs," Gwinn said.

No special licenses are needed to operate the RV. To make reservations or for more information, call MWR Rents at 533-6707.

## its first renter. 504th Sig. Battalion Turkey Bowl

BY 1ST LT. ANDREA PRATT

CONTRIBUTING WRITER

On 22 November, Soldiers of the 504th Sig. Battalion met at Buljaski Field for their second annual Turkey Bowl.

The Battalion divided itself into four teams for the championship: Officers, Senior Noncommissioned Officers, and two teams of "E6 and below" Soldiers. The only exception was Pvt. 1st. Class Kenneth Crim, Battalion Graphics, who was welcomed into the Officer Team as an "honorary member" for his help in making their team shirts. He received a great deal of heat from

his fellow enlisted Soldiers for the help, but he still had a good time.

"The intent of the game," said Lt. Col. Paul English, 504th Signal Battalion Commander, "was to work on team building and team relief."

The Soldiers looked forward to the friendly competition and the bragging rights among their ranks.

In the first bracket, the Officers beat the Senior Noncommissioned Officers 20-14. The "E6 and below" team from the 556th Maintenance Company, also the post flag-football team, beat the other "E6 and below" team 13-6.

In the championship bracket, the Officers were

defeated by the "E6 and below" team from the 556th

The intent of the game," said Lt. Col. Paul English, 504th Signal Battalion Commander, "was to work on team building and team relief.

Lt. Col. Paul English, 504 Signal Batalion Commander

Maintenance Company team by one touchdown. The final score was 12-6.

### Arizona skiing Climatically diverse, Arizona's slopes beckon

BY MICHAEL COLLINS CON-TRIBUTING WRITER

It seems counterintuitive to read stories about winter sports in a state as notoriously hot as Arizona. Yet, read on. Yes, YOU.

"Winter sports here?" you say with a hint of amazement.

"Yes, indeed," I reply with a knowit-all tone of condescension.

If you are new to Arizona, this may be a bit of shocking news to you. Living in a place as climatically diverse as Arizona however is one of the many perks residents of the state have year round.

For homesick northerners thinking of snowmobile runs from here to Tombstone, you will probably want to put those plans on hold for now. Granted, Arizona does not have a great deal of winter recreational options but rest assured, we have considerably more than those of our sunny rival Florida. So get out the warm clothing and get ready to head to the slopes.

We begin our wintry quest by a visit to Mount Lemmon, an hour's drive northeast of nearby Tucson. Situated in the Santa Catalina Range, Mount Lemmon is the southernmost ski area in the United States and rises to just over nine thousand feet. Ski runs are usually open from mid-December to early April, depending on winter weather and snowfall. Ski equipment rentals, lessons, and overnight accommodations are also available in the area. For more information, call (520) 576-1400 or visit www. fs.fed.us/r3/coronado/forest/recreation/ winter activities/winter.shtml on the

Sunrise Park Resort, owned and operated by the White Mountain Apaches is located logically enough in the Arizona's White Mountains. The entire area is an outdoor person's recreational paradise and offers a wide range of activities year round. Notable winter activities include 65 ski runs spread over three mountains. There is also a separate snowboarding area, cross country ski trails and a special children's area. For more information call (800) 772-7669 or visit www.sunriseskipark.com on the Web.

Elk Ridge Ski Area is a nice stopover if you're heading to the Grand Canyon. Nestled at the southwestern entrance to Arizona's most notable hole in the ground, Elk Ridge offers spectacular views of the Colorado gorge. Williams is also minutes away where lodging, shopping and restaurants are plentiful. The slopes are mild and suitable for beginners and intermediates level skiers. Ski and snowboard rentals are available. For more information call 928-234-6587 or visit www.elkridgeski.com on the Web.

The scenic San Francisco Peaks is home to the Arizona Snowbowl and is a few minutes outside of Flagstaff. This cool mountain oasis offers a range of challenging terrain for both skiers and snowboarders, with over 2,300 feet of vertical drop and thirty-two scenic trails that cover 777 acres. There are a variety of ski packages to fit every experience level. For more information call (928) 779-1951 or visit www.arizonasnowbowl.com on the Web.

Fort Tuthill is an ideal place to stay while in the Flagstaff area. Not only are the rates for cabins and A-frames ideal for those on a budget but this entire mountain retreat is operated exclusively for the benefit of military personnel and their families. An inner tube runs is located on site and is a perennial favorite for kids of all ages. Special cross country skiing packages can be arranged by contacting adventure guide Rick Englehorn. The rustic lounge with an enormous

fireplace in the main lodge is also a great place to unwind after a long day on the slopes. For more information call 1-800-552-6268 or visit www.forttuthill.com on the Web.

Before you go charging up the slopes, here are a few things to keep in mind:

Dress comfortably and in layers. If you can, leave the jeans at home and borrow snow pants from a friend. A ski-type jacket is also a great idea. Here's a list of other good things to wear of bring with

- A hat (very important)
- Sunscreen
- Goggles or sunglasses
- Long underwear
- Only one pair of socks
- A turtleneck and/or neck gaiter - scarves can become loose and get in the way
- Water-resistant or waterproof mittens or gloves
  - Sweater or polar fleece pullover

If you don't want to invest a lot of money in new gear, consider renting it from nearby Fort Tuthill. The rates are much less than you would pay at the Snowbowl and by comparison, virtually no waiting.

## Sierra Vista 50th Anniversary



Countdown: Sierra Vista turns 50 in 24 weeks

EDITORIAL COMMENT:

The City of Sierra Vista will celebrate its 50th anniversary, "More than a city—a way of life," May 26-28, 2006. In support of the city's celebration, each month until the celebration weekend, The Fort Huachuca Scout will run one reprinted article from the 1955 and 1956 issues of the "Fort Huachuca Scout," showing what fort life was like 50 years ago. Each week, we'll print one or more highlights of what happened on Fort Huachuca a half century ago.

Sierra Vista was founded in 1956 and annexed Fort Huachuca in 1971. Now, as in the past, the two entities worked together and are involved in many partnerships

The Fort Huachuca Scout has been in publication for 54 years since 1951. Morgue copies of the "Scout" are available for viewing at the Fort Huachuca Public Affairs Office, Building 21115, 3015 Carnahan Street, across the street from the gazebo at the west end of Brown Parade Field. Call 533-2622 for additional information

Enjoy reliving Fort Huachuca's past 50 years, and reminisce as we travel back in time. - Joan Vasey

Reprinted from "The Huachuca Scout", December 1, 1955

### New American Indian Opera 'Hopitu' Features Ceremonial Indian Dances

A new American opera, "Hopitu," is scheduled for one appearance at Fort Huachuca shortly after the first of the year.

"Hopitu," based on ancient Hopi Indian legends, will be presented at Post Theater No. 3 on the evening of January 18.

### Woman Composer

The composer of "Hopitu" is Lois Albright, noted musical artist and performer. Miss Albright has toured the United States as pianist

and singer and is the founder of the Chicago Lyric Theater. She is well known to Arizonians as the organizer of the Phoenix Civic Opera Association.

The company is now on national tour, having received critical praise in New York music circles following the opening at Carnegie Hall.

### **Authentic Dances**

The opera, which includes authentic Hopi chants and dances, presents several Northern Arizona Indians in addition to the New York

M.W. Billingsley, technical advisor to the Arizona Music Drama Guild, is director of the Hopi Indians.

Tickets for "Hopitu" are now on sale at the Service Club and Special Services Office for one dollar.

Movies on post in 1955: "Million Dollar Legs (Jack Oakie and W.C. Fields), "Le Million" (Annabella), and the "Unholy Three" (Lon Chaney)

## Fit For Life—

### Coping with Holiday Depression

By George R. Colfer, Ph.D.

Everyone is somewhat familiar with the word depression. Many of us at sometime in life will experience the effects from depression whether it is incident caused, short- term or longterm clinical depression. The winter holiday period, for various reasons, can cause short-term depression for many people. This is the period from about mid November until after the new year.

Before going further, holiday depression is short term. If long-term depression exists or continues, one should seek help. While many symptoms of holiday depression are similar to the clinical type, differences do exist mainly in the fact that holiday depression usually ends and life returns to normal. Some of the signs of clinical depression are:

- 1. A persistent sadness, an empty or anxious mood.
- 2. Loss of interest in usual activities, no enjoyment in life.
- 3. A decrease in energy or a feeling of being constantly fatigued.
- 4. Problems with sleeping and eat-
- 5. Inability to concentrate or make decisions.
- 6. Thoughts of death, guilty feelings and a pessimistic outlook on life.
- 7. A complete feeling of helplessness to solve or remedy the situation.

If you are profoundly unhappy and at a loss for answers, clinical depression may be the reason. Depression is the result of an imbalance in the brain and can be treated with professional help.

Holiday depression is sometimes caused by the effects of excess stress put upon people by unrealistic expectations for the holiday season. The "blues," as it is called by some, usually begins with sadness at a time when everyone thinks you should be happy. Some external causes for the holiday blues would include financial constraints, over-commercialism, travel, shopping demands, overcrowding with house guests, social demands and even meal preparation for larger groups. Some forms of holiday depression can surface from celebrations. Excessive drinking, overeating and insufficient sleep all can contribute to stress and

tension.

Have you ever heard the saying the anticipation was greater than the event? When great expectations are anticipated and don't occur or do occur with problems, people are often left with feelings of guilt and remorse which can cause temporary feelings of depression.

While the holiday period is advertised as a time of great joy and togetherness, it's not for many people. In fact, the holiday period can be a time of extreme loneliness. It also can be a time for self-evaluation, reflections upon the past and anxiety about an uncertain future. Loneliness may be self-inflicted or the result of life changing events. Either way, the depression that occurs is the same. One can be lonely even in a crowd. The concept of forming new relationships or surrounding yourself with people does not always work. Loneliness occurs for a reason, and to confront that reason is often the way to eliminate it. Loneliness can also result from unavoidable separations from family and friends, the absence of holiday traditions and even boredom.

People can also be affected by the holiday blues when their routines of life are disrupted. We tend to become creatures of habit and when it is not possible to follow normal patterns, depression may occur. Whether it is living conditions, eating habits, work or play, temporary changes in lifestyle

Uncle Henry for may leave a per-

son yearning for a return to normality. Also, some people have difficulty when they are not able to be in control as they are used to.

Military personnel are very susceptible to the holiday blues. The obvious reason is separation from home and family and in some cases uncertainty about the future. Often the bonding and comradeship established, especially with those deployed, may take the edge off the blues as they realize they are not the only ones affected. Back in the late 1960s, a Marine Corps friend returned home for "R and R" during the holiday period only to cut his leave short because he couldn't relate to the

Military personnel are very susceptible to the Holiday Blues. The obvious reason is separation from home and family, and in some cases uncertainty about the future.

Christmas holidays at home.

"There was a war

going on," he said,

"and Marines were

dying and being

all they (family,

friends) were con-

cerned about was

and what to get

having enough

food and drink,

wounded and

Christmas because he never liked anything. Somehow I couldn't connect with their feelings of Importance."

The environment can also be a factor. While not a problem in Arizona, some people will suffer from the absence of sunlight. Certain areas of the country, where the winters are long and sunlight is scarce are more prone to winter and Holiday depression than those in sunny states. For example, statistics show that ten percent of Alaska residents suffer from winter depression as compared to one percent of Florida residents.

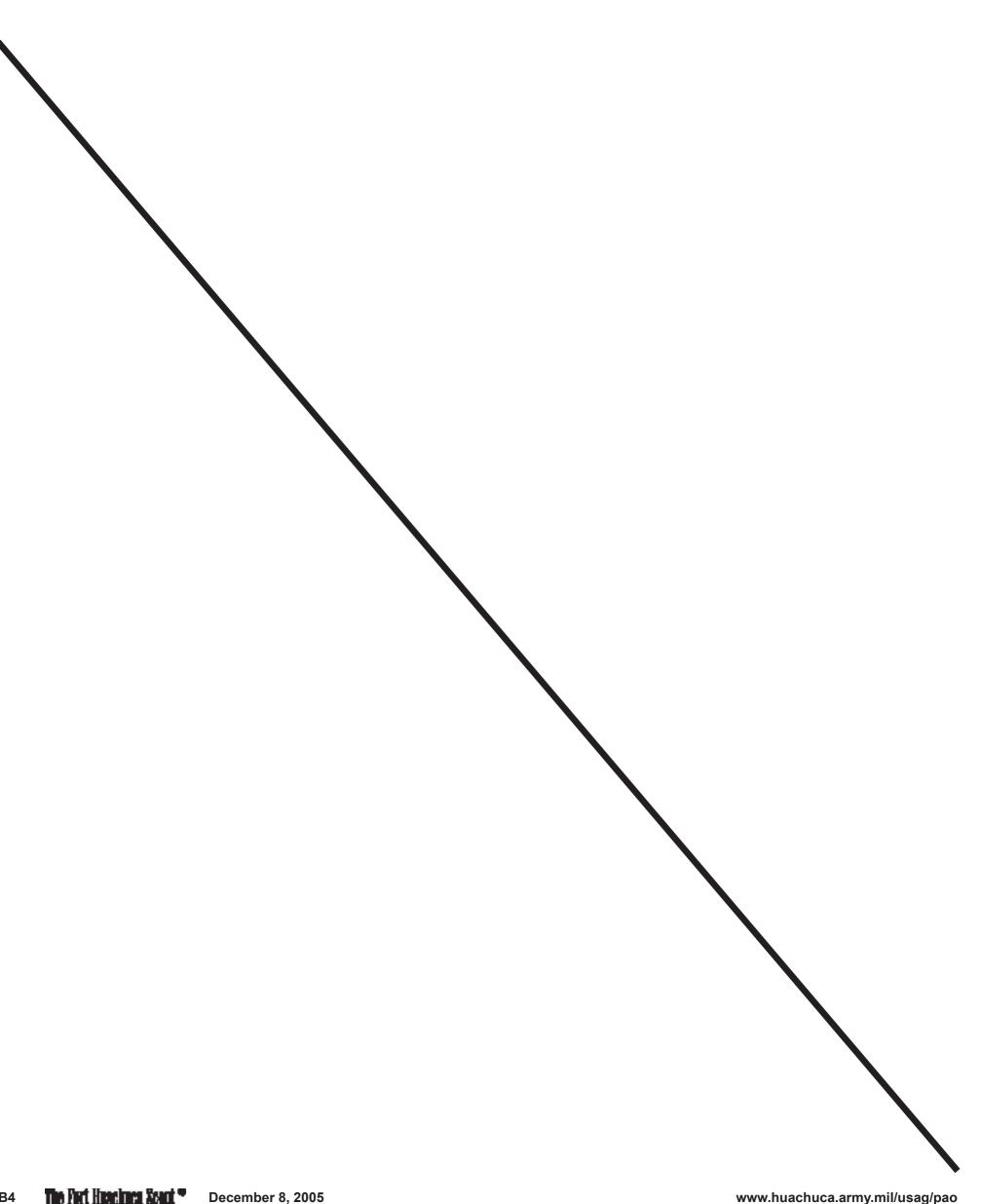
If holiday depression becomes a problem, here are some suggestions that may help.

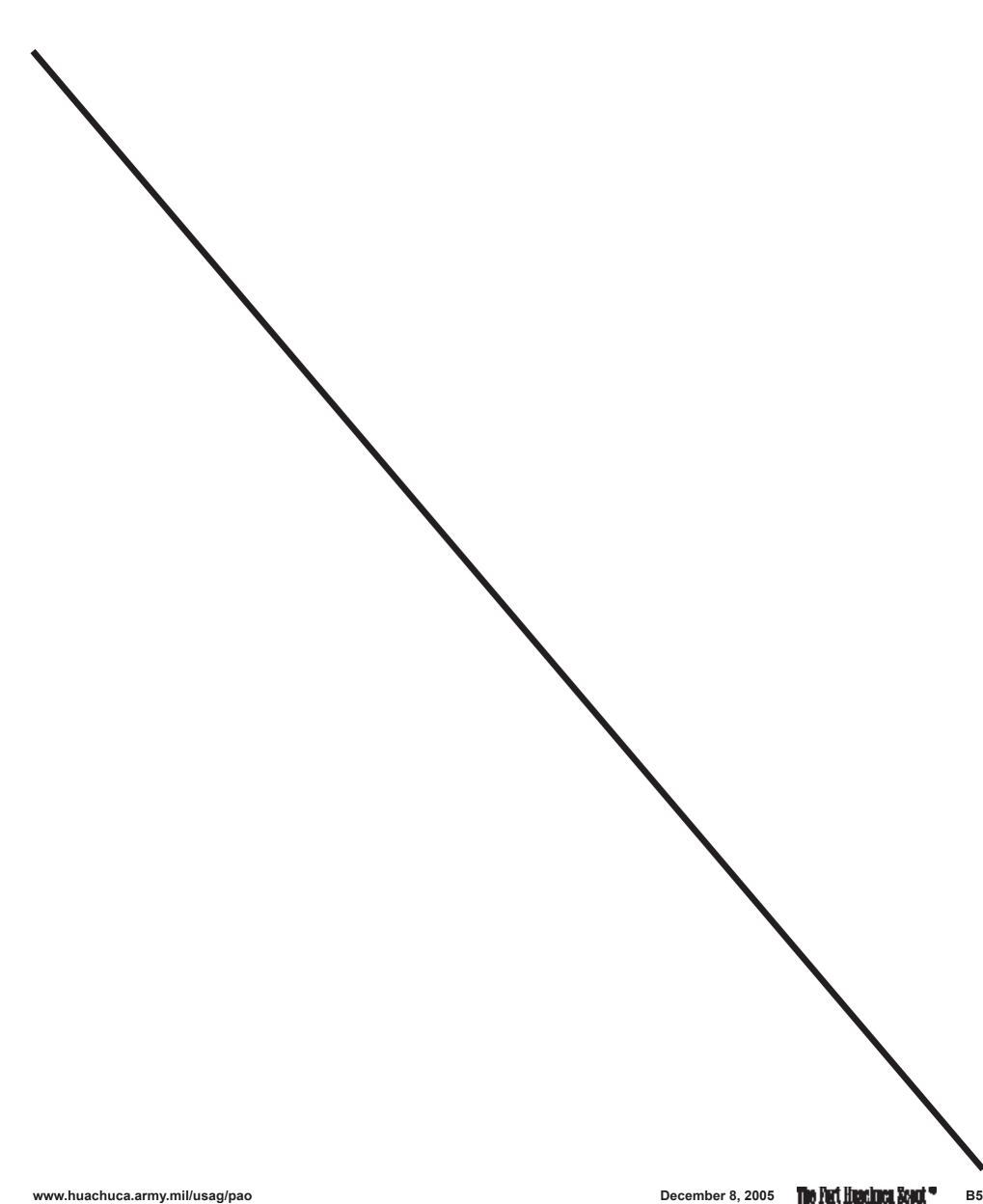
- A. Keep stress levels low. Stress can precede depression.
- B. Keep expectations for the holidays attainable and reasonable. Expectations that are too high can lead to disappointment.
- C. Set realistic goals for travel, how time will be spent, gift-giving, expenses and lifestyle changes.
- D. Take care of your body. Eat healthy, exercise and get sufficient sleep. Don't over indulge in food or
- E. Mind over matter, take control and do what it takes to keep holiday depression away.
- F. It's alright to be sad as long as there are reasons. Grief is normal, but keep it in proportion to the circumstances. Grief out of control can become depression.
- G. Get lots of sunlight, and the outdoors. Buy some bright colored flowers.
- H. Exercise can decrease stress and depression. If your normal routine is not available, seek alternatives.
  - I. Spend time with people you can be happy around.

J. Don't live in the past. Life brings change. Each Holiday season is different and can be enjoyed in its own way. Don't set yourself up for holiday depression by

> always comparing the present to the "good old days".

Best wishes to all for a happy holiday season and a successful new





### **Widowed Support Center**

The Widowed Support Center Is located just ouside the Fort Huachuca Main Gate. Although we are connected to the Fort, that doesn't mean that the Widowed of Sierra Vista and surrounding communities are not eligible to participate in our programs. We welcome one and all.

We will have a Christmas Tree Decorating/Pot Luck get together on Saturday. If you've never attended one of our Pot Lucks you are in for a treat. Come and enjoy great food, always different and good company. It will start at 10 a.m. and continue into the afternoon. Come, bring a friend and your favorite pot luck dish.

Also, our monthly meeting will be held at 2p.m. on Tuesday. This is when we will elect our new officers to lead us through the next two years.

If you want to be a part of a group that will make you feel good about yourself and what you do to help others, come join us and see for yourself. For more information contact Helen Turner at 378-6462.

## Caroling hay rides scheduled

Buffalo Corral will offer two caroling hay rides, Today and Dec. 15. The hay rides will leave Buffalo Corral at 6 p.m., wind through the old post and surrounding housing areas, then back to the Corral for refreshments around 8 p.m.

Cost is \$10 for adults or \$7.50 for

children ages 6 - 11. Reservations and prepayment are required by close of business the Sunday before each ride.

For more information, call 533-5220.

### **Books for Servicemembers**

The Military Intelligence library is now accepting donated books to ship to troops in Iraq. If you have any novels that you would like to donate, please bring them to the Military Intelligence Library before Saturday. Care Packages will be sent out after that date. For more information, contact the MI Library at 533 – 4101.

## Intramural Golf results and standings after matches played on Thursday

111th MI (6) A Gross, A Net, C Net, D Gross, D Net, Team Net JITC #3 (6) A Gross, A Net, D

Gross, D Net, Team Gross, Team Net NCOA (4) B Gross, B Net, C Gross, Team Gross,

B 305th MI (4) B Gross, B Net, C Gross, C Net,

## Installation Retirement Ceremony

The next Installation Retirement Ceremony is scheduled at 4 p.m, on 20 January at Chaffee Parade Field. This ceremony is open to all military and civilians who are retiring.

A mandatory rehearsal for retirees is scheduled for 4 p.m., 19 January, also at

Chaffee Parade Field.

If you are interested in participating in the ceremony, contact the USAIC&FH Protocol Office at 533-1232 to fill out an information sheet or contact Suzette Krusemark, DPTMS, 533-3185, email: suzette. krusemark@us.army.mil.

The last day to register to stand in this ceremony is 10 January.

### **Holiday Ball**

The Commanding General USAIC&FH, wishes to invite you to the 2005 Holiday Ball. Social hour begins at 6 p.m., followed by dinner at 7 p.m. Friday at the Thunder Mountain Activity Centre. The dress for the event will be Military Dress Uniform/ Black Tie/Gown. For more information, contact your unit command sergeant major.

## Functional area 30 seeking highly motivated officers

Functional area 30, Information Operations, is seeking highly motivated year group 1997-2002 officers for expanding IO opportunities in the BCTs, Divisions, Corps and Joint positions. Interested officers in year groups 1998-2001 can request Career Field Designation by completing the online preference form at <a href="https://www.hrc.army.mil/site/active/opfamdd/cfd\_Upcoming\_boards.htm"CFD">https://www.hrc.army.mil/site/active/opfamdd/cfd\_Upcoming\_boards.htm"CFD</a> or contact the Information Operations Career Management Officer, Major Gregory Mogavero at <a href="mailto:gregory.mogavero@us.army.mil">gregory.mogavero@us.army.mil</a> or 703-325-

5791 for additional information. All interested officers can request redesignation to Information Operations through the HRC Information Operations Career Management Officer.

## Community Spouses' Club Luncheon

The Fort Huachuca Community Spouses' Club will have a luncheon on Wednesday at Thunder Mountain Activity Center. Due to the holiday's the luncheon will be on the 2nd Wednesday of the month instead of the usual 3rd Wednesday. Social hour begins at 10:30 and lunch is served at 11:30. This month's program features the Rickety Rockettes. For reservations contact Victoria Glynn at 458-2475 or via email at victoriaglynn@cox.net. The deadline for reservations is Friday at noon.

### Family child care training

You can earn an income while you stay at home. The Fort Huachuca Family Child Care program is looking for individuals who want to earn an income, raise their children at home and make a difference in another child's life. The next training begins on 9 Jan., and the deadline to sign up is 5 Jan. For more information on how to become an FCC Provider, call 533-2498.

Reminder: Fort Huachuca housing residents may only provide child care in their quarters after gaining approval from the Garrison Commander and the Commander's agent, the Fort Huachuca Family Child Care office.

## Pets Of The Week



Lobo is an adult shepherd/chow mix. Courtesy photo from <u>petfinder.</u> <u>com.</u>



Tom is a 1-year-old neutered male gray and white longhair. Courtesy photo from <u>petfinder.com</u>.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachucapetfinder.com. In accordance with Army regulation, stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

## At The Movies

Showing at the Cochise Theater for the next week are:



<u>Today</u> -7 p.m. Elizabethtown

PG-13

Friday - 7 p.m.
North Country

R

Saturday -7 p.m.

Doom

Sunday -2 p.m.

The Fog PG-13

Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

## **Watch CAC**

For the latest news on the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source.

The Scout will notify the community of the return of the Fort Report and until then, keep tuned to the CAC for other pertinent post information.



# Ask the Dietitian Vending Machine Blues

BY CPT JENNIFER L RO-DRIGUEZ

REGISTERED DIETITIAN

Picture this ... It's 2:30pm on Thursday afternoon and your stomach twinges at the thought of a snack. Lunch has come and gone, and now it's time to replenish that energy to make it through the end of the day. You step out of your office and make your way down the hall. There it is staring at you, the clear reflection of glass and shiny wrappers taunt you to come closer. Yes, you guessed it ... the VENDING MACHINE!!!

Snacking is a healthy habit, but too often we lose the healthy eating battle by

reaching for the first available unhealthy vending machine snack.

Vending machines don't have to be the enemy. It is possible to make good choices and maintain your goal of healthy living.

Your best defense is to plan ahead and bring healthy snacks to work. Some snack suggestions include low fat yogurt, cut up vegetables, sugar free jello, whole grain crackers, and fruit. But when life happens and you don't get that snack pack planned, there are healthy vending machine alternatives. Try choosing healthy snacks such as baked chips, plain nuts, pretzels, cereal bars or animal crackers. Instead of sugar filled soft drinks, choose 100% juice or bottled water.

Remember, even if you choose healthy foods, portion control is still important. Don't buy two bags of baked chips because they are low fat; calories still count. Fat free foods can be loaded in sugar so be sure to read those labels, limit your portions and snack healthy.

Happy Snacking!

CPT Rodriguez is a Registered Dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to jennifer. rodriguez1@us.army.mil.



### **Firefighter Training**

Firefighter Gabriel Hernandez is extracted from a manhole next to Christy Street on Fort Huachuca during Confined Space Entry training. The exercise scenario involving the Fort Huachuca Fire Department simulated rescuing a downed worker from the crawlspace.